**Family Minute to Win It**

Here are some fun Minute to Win It activities to try with your family taken from scarymommy.com. Enjoy! 😊

**1. Chop Stick Race**  
Who can get the most Kix (or other round cereal) from one bowl to the other using only chopsticks? Set the egg timer for a minute!

**2. Keep ‘Em Up**  
Can your kiddo keep a balloon (or two) in the air for a minute? Using only one hand? Using no hands (blow on it)?

**3. Blue Moves**  
Stack 30-ish red cups on top of one blue cup. Have players rotate through all the cups until blue is on top.

**4. Cookie Face**  
Place a cookie on each player’s forehead. Who can move the cookie to their mouth without using their hands first/fastest?

**5. Bottle to Bottle**  
Fill one 2-Liter bottle with anything — pasta, rice, marbles, cereal, mini-marshmallows, etc. Players must try to transfer one bottle’s contents into another bottle. Whoever can transfer the most within the minute will win. Trust us: There will be a ton of spillage, so avoid liquid.

**6. Roll-On, Buddy**  
Try to roll a potato, sweet potato or onion across the floor from one side of the room to the other.. using only your nose.

**7. Human Ring Toss**  
Gather up hula hoops from the garage and borrow from friends and family. Pair-off players and have one play the human post while the other attempts to toss the hula hoops onto them. Who can collect the most?

**8. Nose Mover**  
Using only their nose (and maybe a bit of peanut butter or Vaseline on the tip), how many cotton balls can you move from one bowl to the other?

**9. For Whom the (Jingle) Bell Tolls**  
Fill and seal five boxes with an ascending numbers of jingle bells. (ex. One bell in one box, two bells in another, etc.) Players have to shake the boxes and jingle the bells and place the boxes in order of how many bells they think are in each box.

**10. Faster than Egyptians**  
Partners get a stack of 36 plastic cups. They have one minute to build a pyramid and then break it back down and re-stack the cups. Fun fact: This is actually harder with partners.

**11. Blown Away**  
Stack those cups back into a pyramid. During a player’s turn, blow up a balloon, aim it at the pyramid and then let it go. How may cups did you knock over? Keep going until the minute is up.

**12. It’s Gonna Get Dicey**  
Have players hold a Popsicle stick in their mouths and try to stack and balance five dice on the end of the stick. Whomever can stack all five dice and hold them there for three seconds wins the game. Otherwise, whoever managed to get the most stacked is the winner.

**13. Junk in the Trunk**  
Players have a tissue box tied to their lower backs. Inside is 6 ping-pong balls. They have one minute to empty their boxes without using their hands.

**14. Thar She Blows!**  
Line up plastic cups from one end of the table to the other and fill them to the brim with water. Float a ping pong ball in the first cup. You have one minute to blow your ball across the cups to the other side of the table. If your ball falls onto the table, you have to start over.

**15. Look, Ma, No Fingers**  
Have players wear oven mitts and unwrap candy. Whoever can unwrap the most candy in a minute is the winner.

**16. Ping Pong Toss**  
Collect a few egg cartons, cut off the tops and tape them together to form a giant grid of divots. Players have a minute to see how many ping pong balls they can bounce into the egg cups.

**17. Cotton Ball Scoop**  
Sprinkle cotton balls on a table around a centrally located bowl. Give a player a spoon and blindfold them. They have a minute to find cotton balls and put them in the bowl.

**18. The Paper Bag Game**  
Place a brown paper lunch or grocery bag opened up on the floor — One for each player. When the clock starts, players must squat down, bite onto the paper bag and pick it up without touching the floor. Once they’re standing, they tear off the part of the bag that their lips touched, place it back on the floor and start over. This, of course, gets harder as the bag gets shorter.

**19. Less-Violent Fruit Ninja**  
Let your kids chuck playing cards into a halved watermelon for one minute. Winner can either be: Whoever got the most cards stuck or whomever has the highest total when you add up the value of the stuck cards.

**20. Save the Joker**  
Place a stack of cards (with the joker on the bottom) atop a container. Each player has a minute to blow away the rest of the stack and leave just the joker remaining. If they lose the joker, they lose the game.

**21. One-handed Bracelet**  
Everyone has one minute to thread Cheerios or Fruit Loops onto a pipe cleaner using only one hand. Next, can they fasten it around their wrist?

**22. Silly Elephants on Parade**  
Line up water bottles in a long row. Next, put a tennis ball in the toe of a pair of pantyhose, then pull the waist over the player’s head. The player must walk down the line swinging their head (and, thus, the ball) attempting to knock over as many bottles as possible.

**23. Tallest Tower**  
How many pennies/cereal pieces can you stack in one minute, using only one hand? Tallest tower wins. (Too easy? Make bigger kids and grown-ups use their less dominant hand.)

**24. A Penny Earned**  
Place one penny in each toe of a pair of pantyhose, then have the player wear the hose on their arms like sleeves. They have one minute to get the hose off and retrieve the pennies.

**25. Taller Tallest Tower**  
Given 20 empty cans and 4-6 paper plates each, who has the tallest tower at the end of a minute?

**26. Cereal Scramble**  
Cut the front of a cereal box into 14 squares. Give each player a minute to reassemble the front of their box.

**27. Marshmallow Toss**  
Giant Marshmallows tossed into tiny cups. Partners 4-ish feet apart. Who can catch the most in a minute?

**28. Sketti Scoop**  
With a piece of uncooked spaghetti in their mouths, kiddos have one minute to thread five pieces of penne pasta onto their spaghetti stick.

**29. Mummify Me**  
Players pair off and have a minute to wrap their partners in toilet paper. The team with the best coverage wins.

**30. Caught Red-Nosed**  
Before you begin festivities, hot glue a red pom-pom on the end of 12-18 inches of ribbon. Make one for each person playing. Players must hold the end of the ribbon in their mouths and have a minute to fling the pom-pom up onto their nose, so that it sticks onto a dab of petroleum jelly.

**31. That’s Nuts!**  
Using an uncooked stick of spaghetti, a straw or a kebab steak, players must stack up nuts on their flat ends.

**32. Apple Stack**  
Allot five apples per player and give them a minute to see if they can get all five of the lumpy fruits stacked on top of each other.

**33. Kid Pong**  
For a slightly easier game, line up six cups for each player and give them each six ping pong balls. Give everyone a minute to get all six balls into their cups.

**34. Two-Man Ping Pong B-Ball**  
Use a small trash can as the “basket.” Give one player an allotted number of ping pong balls and another player a clipboard. Player 1 must bounce each ping pong ball off Player 2’s backboard (the clipboard) and into the basket. Player 2 can help their partner by moving around to “catch” the ball on the clipboard and help aim the bounce in the right direction.